



# 2026 ULTRA PERTH

# RACE MANUAL



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## **BIG VIEWS. FLAT COURSE. FAST FINISH.**

### **AN ULTRA EVENT THAT SHOWS OFF PERTH AT ITS ABSOLUTE BEST.**

In just a few short years, Ultra Perth has cemented its reputation as one of the fastest certified 50K road courses in the Southern Hemisphere. It's a runner's dream: a flat, seamless route hugging the banks of the Swan and Canning Rivers, where wide footpaths and a total absence of road crossings let you find your flow and stay in it.

With breathtaking views at every turn and an electric atmosphere, this is the ultimate stage to chase a personal best. Now, with the addition of a 10K distance alongside our 50K events – plus new Elite categories and waves – Ultra Perth is officially an event for everyone.

**“ Loved LOVED this event. What a superb backdrop. Awesome cheer leaders/vollies & great community to be part of.**

**FRIDAY 19TH JUNE 2026**

**16:00 PM** Early Check-in opens (all distances)

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**19:00 PM** Early Check-in closes

**SATURDAY 20TH JUNE 2026**

**04:30 AM** 50K Check-in opens (closes 06:00 AM)

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**06:00 AM** 50K Check-in closes  
21K Check-in opens (closes 07:30 AM)  
10K Check-in opens (closes 08:50 AM)

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**06:15 AM** Bus shuttle departs for 50K Start Line from South Perth

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**06:50 AM** 50K Pre-race Briefing

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**07:00 AM** 50K Elite Start

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**07:03 AM** 50K Wave 2 Start

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**07:06 AM** 50K Wave 3 Start

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**07:10 AM** 50K Teams/Duos Start

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**07:30 AM** 21K Check-in closes  
21K Pre-race Briefing

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**07:40 AM** 21K Elite Start

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**07:43 AM** 21K Wave 2 Start

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**07:46 AM** 21K Wave 3 Start

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**08:30 AM** 10K Check-in closes  
10K Pre-race Briefing

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**09:00 AM** 10K Wave 1 Start

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**09:03 AM** 10K Wave 2 Start

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**09:06 AM** 10K Wave 3 Start

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**16:00 PM** Finish Line Cut Off

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# GETTING TO THE EVENT VILLAGE & PARKING

All events finish at Sir James Mitchell Park in South Perth. Please use the detailed guide below to plan your arrival, drop-offs, and logistics.

## PARKING

All competitors (for all events) are requested to carpool as much as possible to the finish line area. Competitors will need to park at public parking locations within the local area. Please be mindful of fees and restrictions that may apply.

### **SOUTH PERTH FORESHORE CAR PARKS**

There are multiple timed public car parks situated directly along the South Perth Foreshore (such as the Coode Street and Mends Street parking zones).

### **EASYPARK APP**

The City of South Perth operates cashless, automated parking machines in these areas. It is highly recommended to download the EasyPark App before race morning to easily manage and extend your parking session if your race runs long.

### **IMPORTANT NOTE**

Always check roadside signage carefully on arrival, as structural time limits (ranging from 1-hour limits to all-day configurations) are strictly enforced by the local rangers.

## **PUBLIC TRANSPORT OPTIONS**

To avoid morning congestion and traffic restrictions around the foreshore, please consider catching public transport.

### **THE TRANSPERTH FERRY**

A highly convenient option. The ferry departs regularly from Elizabeth Quay in the Perth CBD and lands at the Mends Street Jetty in South Perth. From the jetty, the Event Village at Sir James Mitchell Park is just a scenic, flat warm-up walk along the foreshore path. Please note that due to ferry operating times, this is not suitable for the 50K runners.

### **TRANSPERTH BUSES**

Networked metro buses service the South Perth area frequently. Routes running along Mill Point Road and Labouchere Road drop off within short walking distance of the park. You can plan your specific morning connection using the Transperth Journey Planner.

## **50K COMPETITOR SHUTTLE BUS**

An optional shuttle bus (select on your registration form) will take 50K competitors to the start line in Bayswater.

### **DEPARTURE POINT**

The shuttle will depart at the end of Coode Street Jetty, 200m east of the South Perth finish line area at Sir James Mitchell Park.

### **SCHEDULE**

Ensure you are checked in and ready. The shuttle is scheduled to depart promptly at 06:15 AM on Saturday morning.

# THE VILLAGE

## 2026 ULTRA PERTH VILLAGE MAP

SIR JAMES  
MITCHELL PARK  
FLAG POLE



# THE EVENT VILLAGE EXPO

Crossing that finish line at Sir James Mitchell Park is your ultimate moment of personal triumph... but the celebration doesn't stop when you step off the timing mat.

The Ultra Perth Event Village is the beating heart of race day, transformed into a high-energy hub designed to help you celebrate, recover, and connect with your running tribe. Right alongside our finish line chute, our incredible event partners and sponsors have set up a full-scale race expo.

Make sure to head into the expo grounds, explore the marquees, thank the crews who helped fuel your race, and celebrate every single kilometer of your achievement!



## FLIP INSURANCE



Flip helps you to embrace life's moments with simple, affordable insurance and easy access to preventative dental care, backed by the strength of Australia's largest not-for-profit health fund, HCF.

[www.flipinsurance.com.au](http://www.flipinsurance.com.au)



## TARKINE



Experience long-lasting, high-performance footwear from Australia's own running shoe company. Our shoes are engineered with environmentally friendly materials and are designed to be fully recyclable.

[tarkine.com](http://tarkine.com)



## CUPRA AUSTRALIA



Inspiring the World From Barcelona, our vision hails from Barcelona. We are powered by the city's vibrant spirit, zest for life and artistic energy – enriching every CUPRA vehicle with a distinctive personality.

[www.cupraofficial.com.au](http://www.cupraofficial.com.au)



## T8

At T8, we're not just passionate about trail running - we live and breathe it. As hardcore runners, we set out to create performance apparel that's lightweight, cooling, chafe-free and super functional for hot weather running.

[t8.run](http://t8.run)



## GOODR

Sunglasses that are affordable, stylish, and all performance. (Hold the B.S., please!). Every product we create speaks to our F's: fun, fashionable, functional, and 'ffordable (we like F words).

[goodr.com.au](http://goodr.com.au)



## SQUIRREL'S NUT BUTTER

Squirrel's Nut Butter keeps you moving - chafe-free and confident. Our all-natural anti-chafe salve, made from simple, skin-loving ingredients, protects your most sensitive areas so you can explore without limits.

[squirrelsnutbutter.com.au](http://squirrelsnutbutter.com.au)



## TRIBE & TRAIL

WA'S only dedicated trail running and hiking store. Specialising in sports clothing, running footwear, hydration, nutrition, and top-tier trail gear, we are your ultimate companion for exhilarating outdoor escapades.

[www.tribeandtrail.com.au](http://www.tribeandtrail.com.au)



## SELECT FRESH

As one of the state's biggest fresh produce wholesalers, we're often the first choice for Fruit and Vegetable Tenders in Perth and across WA, including Perth's private hospitals, immigration centres, and mining camps.

[www.selectfresh.com.au](http://www.selectfresh.com.au)



## JOONDALUP MARQUEES

More than just marquees, Joondalup Marquees is an independent, family owned and operated business, offering a wide range of marquees, dance floors, staging, lighting, furniture, catering equipment and linen.

[www.joondalupmarquees.com.au](http://www.joondalupmarquees.com.au)





## QUEST SOUTH PERTH

A stone's throw from the city's favourite attractions, including King's Park, Elizabeth Quay and Perth Zoo. Craft a stay in our accommodation that's just right for you, be it a night in with the family or a night out with the locals.

[www.questapartments.com.au](http://www.questapartments.com.au)



## PERTH HEAVY TOW

Perth Heavy Tow provides a truck towing and bus & coach towing service, specialising in vehicles over 4 tonne. Offering a 24/7 recovery service and with a wide range of forks, wheel lifts and adaptors our tradesmen will get your vehicle on its way ASAP

[www.perthheavytow.com.au](http://www.perthheavytow.com.au)



## ICE COLD TUBS

Providing premium cold plunge and chiller systems for your ultimate recovery experience. Our products are designed with the highest quality materials and innovative technology to deliver the most refreshing and invigorating plunge possible. So, take the plunge and join the cold therapy revolution with us!

[icecoldtubs.com.au](http://icecoldtubs.com.au)



## TAILWIND NUTRITION

Created to give athletes like you a simple and complete nutrition that lets you live in the moment and push your limits. Whether you're out for a weekend adventure, training for your first race, or climbing the podium, we have your back. It's all you need.

[www.tailwindnutrition.com.au](http://www.tailwindnutrition.com.au)



## AUSSIE NATURAL SPRING WATER

A proudly Western Australian owned and operated spring water company. Based in Perth, we're committed to remaining Australia's premium spring water suppliers to our customers- whether it's in the home, the office, or on the go.

[www.aussienatural.net.au](http://www.aussienatural.net.au)



## USCC CLOTHING

We're all about pushing boundaries and celebrating the spirit of ultra-running. Designed by Shaun Kaesler, our collection blends performance, comfort, and style, tailored to meet the demanding needs of ultra-runners everywhere.

[www.usccshop.com.au](http://www.usccshop.com.au)



# GET READY TO BE EXCITED!



# PRIZE MONEY

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## 50K ULTRA MARATHON



1ST PLACE MALE & FEMALE

**\$2,500**  
EACH

DOUBLED IF COURSE  
RECORD IS BROKEN



2ND PLACE MALE & FEMALE

**\$1,500**  
EACH



3RD PLACE MALE & FEMALE

**\$1,000**  
EACH

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## 21K HALF MARATHON



1ST PLACE MALE & FEMALE

**\$1,500**  
EACH



2ND PLACE MALE & FEMALE

**\$1,000**  
EACH



3RD PLACE MALE & FEMALE

**\$500**  
EACH

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## 10K



1ST PLACE MALE & FEMALE

**\$750**  
EACH



2ND PLACE MALE & FEMALE

**\$500**  
EACH



3RD PLACE MALE & FEMALE

**\$250**  
EACH

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## PLUS...

1 lucky entrant on the day will **WIN \$1,250 CASH** in our draw.

To be eligible, simply tear off the tab on your bib and place it in the raffle box located near the timing clock.

# EVENT ENTRIES

## ENTRY CLOSING DATE

Entries will close at 11:59pm AWST Wednesday 17th June 2026.

Any entries received after this date will be accepted only at the discretion of the Event Director.

## ENTRY CONFIRMATION

Once you have completed your registration, you will receive a confirmation email from the Eventplus system advising that your entry has been received and approved.

Please keep this email handy, as it contains your official registration link. For all other race details, maps, and event updates, all race information is available on the race website.

## RACE NUMBERS

Race Numbers will be identified in the week leading up to the event and collected at Bib Collection.

## POSTPONEMENT OR CANCELLATION

It is possible that some unforeseen event or emergency, such as a bushfire, storms or flooding, might prevent ULTRA PERTH going ahead. In that case, as much notice as possible will be given to all entrants.

Should the event need to be cancelled due to natural causes / disasters out of our control, no refund will be offered.

Should the event be cancelled by the organisers for other reasons, then race organisers will endeavor to provide an alternative date or some level of refund to entrants. The amount of this refund will be determined by the level of expenses incurred at the time the decision to cancel the event is made. The refund may not be for the full amount paid.

## REFUNDS POLICY

No refunds or rollovers are available for Ultra Perth. However, transfers are available right up until the 14th June, 2026. We have also set up an Ultra Perth buy/swap/sell page on Facebook to connect you to fellow runners. You can find this link here: <https://www.facebook.com/groups/1234838761922902>

To facilitate a transfer, click on the registration confirmation link you received when initially registered and opt for the transfer option. Enter the email of the new runner the registration is to be transferred to. They need to accept the registration, and then you can exchange the agreed funds between your two parties.

If Ultra Series needs to be involved in this, a \$30 admin fee will need to be charged. The transfer and acceptance need to be done by both parties up until the 14th June, 2026. No further transfers can be done after this date.

### NOTE

Entries are NOT to be transferred for any more than the initial price paid for the event.

## SWITCHING EVENT CATEGORY

Runners can amend their event category via the Eventplus entry system until entries close. To do this, log into your entry and select the 'Change Category' option.

Any changes after entries close must be made at Check-in.

No switching of distances is allowed once the event has commenced.



# EVENT CHECK-IN & BIB COLLECTION

Save time on race morning by checking in early. All bib collection and check-in services take place at the Event Village in Sir James Mitchell Park, South Perth.

## FRIDAY 19TH JUNE

### EARLY CHECK-IN

Skip the Saturday morning lines! We highly recommend all runners utilise the early check-in window. Open for all distances.

**TIME** 4:00pm to 7:00pm

## SATURDAY 20TH JUNE

### RACE MORNING CHECK-IN

#### 50K SOLO, DUO & TEAMS COMPETITORS

**TIME** 4:30am – 6:00am

**NOTE** You must check in during this window at the South Perth finish line area before boarding the optional 6:15am shuttle bus to the start line in Bayswater.

#### 21K COMPETITORS

**TIME** 6:00am – 7:30am

#### 10K COMPETITORS

**TIME** 6:00am – 8:30am



# **DROP BAG INFORMATION**

To help you perform at your best, we provide a drop bag delivery service to key points along the course. Please carefully review the eligibility criteria and labelling instructions below.

## **ELIGIBILITY BY DISTANCE**

### **50K COMPETITORS**

Drop bags are permitted for the 50km runners.

### **21K COMPETITORS**

Drop bags are ONLY permitted for ELITE runners.

### **10K COMPETITORS**

No drop bag service is available for this distance.

## **PERMITTED LOCATIONS**

Drop bags are permitted for all Aid Stations (not Water Stations).

## **LABELING & DROP-OFF REQUIREMENTS**

To ensure your gear arrives at the correct location and can be quickly identified by our volunteers during your race, you must prepare your bags as follows:

### **CLEAR LABELLING**

Please label them clearly with:

1. Your Bib Number
2. Your Full Name
3. The Aid Station you want it delivered to

# 50K EVENT SUMMARY



# SOK ULTRA MARATHON

## PRE-RACE BRIEFING

**6:50AM SATURDAY 20 JUNE, 2026**

Garrett Road Bridge Park, Bayswater

## START

**7:00AM SATURDAY 20 JUNE, 2026**

Garrett Road Bridge Park, Bayswater

## FINISH/CUTOFF

**4:00PM SATURDAY 20 JUNE, 2026**









Sir James Mitchell Park, South Perth

## SHUTTLE BUS

**DEPARTS 6:15AM SATURDAY 20 JUNE, 2026**

There is an optional shuttle transfer available from the Event Village to the 50K start line in Bayswater. This service costs \$10 and can be added or edited within your registration. Buses will depart at the end of the Coode Street Jetty Carpark, 200m east of the finishline at Sir James Mitchell Park, South Perth.

## AID STATION LOCATIONS

-  **BARDON PARK HYDRATION STATION** 6.5K
-  **CUPRA PIT STOP AID STATION** 10.0K
-  **THE POINT HYDRATION STATION** 13.2K
-  **THE NARROWS AID STATION** 16.2K & 29.2K
-  **MATILDA BAY HYDRATION STATION** 20.2K & 25.2K
-  **TARKINE NEDLANDS AID STATION** 22.7K
-  **PRESTON STREET STATION** 34.0K & 45.05K
-  **DEEPWATER POINT AID STATION** 38.0K

**DISTANCE** 50.0km

**ELEVATION** +346m

**TOTAL TIME** 9 Hours

## WAVE START TIMES

**ELITES 7:00AM**

**WAVE 2 7:03AM**

**WAVE 3 7:06AM**

# THE ULTIMATE TEAM CHALLENGE

## CHOOSE YOUR SQUAD

There are two categories for the Relay event.

**DUO** made up of two team members

**TEAMS** made up of three or four team members

There are 8 legs for each Relay team; each team member must complete a minimum of one leg. Team members are welcome to complete consecutive legs if your team size allows.

Members can only swap runners within the marked transition zones after their team member has arrived. Teams will have an ankle / wrist transponder that **MUST BE SWAPPED** in the transition zone.

All team members who start a leg must finish the leg. If a relay member is unable to complete their leg, the team will receive a DNF. Subsequent relay members will be allowed to run their legs, but the team will receive a DNF (non-competitive) result.

If one of your relay team members must withdraw during the event, you must notify a race official.

A team member waiting to depart the transition cannot start until all their team members have finished the preceding leg.

## LEGS

Relay legs are listed below. Runners can swap over at any of these locations, but each team member must run at least one leg.

**LEG 1 START TO EAST PERTH** 10K

**LEG 2 EAST PERTH TO THE NARROWS** 6.5K

**LEG 3 THE NARROWS TO NEDLANDS** 5.5K

**LEG 4 NEDLANDS TO THE NARROWS** 7.25K

**LEG 5 THE NARROWS TO PRESTON STREET** 4.75K

**LEG 6 PRESTON STREET TO DEEPWATER** 4.35K

**LEG 7 DEEPWATER TO PRESTON STREET** 6.7K

**LEG 8 PRESTON STREET TO FINISH** 4.95K

## CHANGE OVER ZONES

Changeover zones are at the following Aid Stations / Transitions

**TRANSITION 1**  **CUPRA PIT STOP AID STATION**

**TRANSITION 2**  **THE NARROWS AID STATION**

**TRANSITION 3**  **TARKINE NEDLANDS AID STATION**

**TRANSITION 4**  **PRESTON STREET AID STATION**

**TRANSITION 5**  **DEEPWATER POINT AID STATION**

# 50K RELAY EVENT SUMMARY



## SOK RELAY

### PRE-RACE BRIEFING

**6:50AM SATURDAY 20 JUNE, 2026**

Garrett Road Bridge Park, Bayswater

### START

**7:10AM SATURDAY 20 JUNE, 2026**

Garrett Road Bridge Park, Bayswater

### FINISH/CUTOFF

**4:00PM SATURDAY 20 JUNE, 2026**









Sir James Mitchell Park, South Perth

### SHUTTLE BUS

**DEPARTS 6:15AM SATURDAY 20 JUNE, 2026**

There is an optional shuttle transfer available from the Event Village to the 50K start line in Bayswater. This service costs \$10 and can be added or edited within your registration. Buses will depart from the Coode Street Jetty Carpark, near Sir James Mitchell Park, South Perth.

### AID STATION LOCATIONS

-  **BARDON PARK HYDRATION STATION** 6.5K
-  **CUPRA PIT STOP AID STATION** 10.0K
-  **THE POINT HYDRATION STATION** 13.2K
-  **THE NARROWS AID STATION** 16.2K & 29.2K
-  **MATILDA BAY HYDRATION STATION** 20.2K & 25.2K
-  **TARKINE NEDLANDS AID STATION** 22.7K
-  **PRESTON STREET AID STATION** 34.0K & 45.05K
-  **DEEPWATER POINT AID STATION** 38.0K

**DISTANCE** 50.0km

**ELEVATION** +337m

**TOTAL TIME** 8hr 50m

# 21K EVENT SUMMARY



# 21K HALF MARATHON

## PRE-RACE BRIEFING

7:30AM SATURDAY 20 JUNE, 2026

Sir James Mitchell Park, South Perth

## START

7:40AM SATURDAY 20 JUNE, 2026

Sir James Mitchell Park, South Perth

## FINISH/CUTOFF

4:00PM SATURDAY 20 JUNE, 2026

Sir James Mitchell Park, South Perth

## AID STATION LOCATIONS



THE POINT HYDRATION STATION 3.9K



THE NARROWS AID STATION 7.0K & 17.1K



MATILDA BAY HYDRATION STATION 11.0K & 13.0K

DISTANCE 21.1km

ELEVATION +132m

TOTAL TIME 8hr 20m

## WAVE START TIMES

ELITES 7:40AM

WAVE 2 7:43AM

WAVE 3 7:46AM

“ Absolutely epic day! Thanks to everyone involved in making it happen. Bring on 2026!



## 10K

### PRE-RACE BRIEFING

**8:30AM SATURDAY 20 JUNE, 2026**

Sir James Mitchell Park, South Perth

### START

**9:00AM SATURDAY 20 JUNE, 2026**

Sir James Mitchell Park, South Perth

### FINISH/CUTOFF

**4:00PM SATURDAY 20 JUNE, 2026**

Sir James Mitchell Park, South Perth

**DISTANCE 10.1km**

**ELEVATION +41m**

**TOTAL TIME 7 Hours**

### WAVE START TIMES

**WAVE 1 9:00AM**

**WAVE 2 9:03AM**

**WAVE 3 9:06AM**

### AID STATION LOCATIONS

 **THE POINT HYDRATION STATION 3.9K**

 **THE NARROWS AID STATION 7.0K**

“ Thanks for a great morning - my first Ultra Perth event and I'll certainly be back next year!

# ARE YOU READY TO REPRESENT YOUR CLUB?



Whether you're a local crew or a major running club, we're giving you three massive reasons to rally your members and run as one.

## 1. UPGRADE TO A **VIP TENT** FOR FREE!

Imagine crossing the finish line and walking straight into your own exclusive recovery zone.

If your club reaches **25 registered runners** (across any distance), we'll upgrade you to a **FREE VIP Club Tent** at the finish line!

### INCLUDES

- bottled water for instant rehydration
- fruit platters and recovery nutrition to refuel
- the ultimate hangout spot to celebrate your team's achievements

## 2. WIN **\$2,500** FOR CHARITY!

The club that racks up the most points will win a \$2,500 donation to a charity of their choice! It's the ultimate way to make a massive impact on a cause you care about, all while doing what you love.

### THE SCORING SYSTEM

Rallying your team is easy! Simply nominate your club during the registration process. Points are calculated as follows:

- Individual Runners (10K, , or 50K): 1 Point per runner
- Relay Teams (50K Relay): 2 Points per team

**NOTE** The VIP Tent is unlocked at 25 individual registrations; the \$2,500 prize is awarded to the club with the highest overall point total.

## 3. WIN **\$2,500** OF CUSTOM GEAR!

**Not just helping you give back - we're helping you look the part.**

The club with the highest point total will also receive \$2,500 worth of custom USCC running gear! It's the perfect way to kit out your team in high-performance apparel and make sure your crew stands out on every start line.

# AID STATION INFORMATION

There will be 5 fully manned, full-service Aid Stations positioned across the course, each ready to keep you fueled with water, Coke, Tailwind, crisps, lollies and in-season fruit.

To keep you hydrated and performing at your best, we have also strategically placed 3 Hydration Stations along the course. These Hydration Stations will provide water and Tailwind. Please ensure you plan your hydration strategy based on these locations to stay properly hydrated during your run.

Every stop has a role to play in getting you to the finish, from refilling bottles to lifting spirits, so take a moment to plan your strategy.



**BARDON PARK HYDRATION STATION**



**CUPRA PIT STOP AID STATION**



**THE POINT HYDRATION STATION**



**THE NARROWS AID STATION**



**MATILDA BAY HYDRATION STATION**



**TARKINE NEDLANDS AID STATION**



**PRESTON STREET AID STATION**



**DEEPWATER POINT AID STATION**

# EVENT RULES

## PUBLIC AUTHORITIES

The conduct of ULTRA PERTH depends on the cooperation of local governments and businesses within the event's footprint. Without the cooperation of all parties, ULTRA PERTH would not get the support to exist.

To gain their approval; several requirements have been incorporated into the event rules. To ensure this event can continue in future years, all runners and their support crews are requested to abide by the rules specified in this document, and to obey any lawful directions given by authorised members of the above organisations.

## RACE ORGANISATION

Subject to the superior powers of the above-mentioned Public Authorities, the Event Director has authority on all matters related to ULTRA PERTH during the event.

## VOLUNTEERS

The success of ULTRA PERTH is dependent on the help of many volunteers, for which the organisers are very grateful. Please treat them with respect and thank them when you have the opportunity.

## QUALIFICATION

Runners competing in the 50km must be at least 18 years of age on the day of the race. Half marathon and team runners must be at least 12 years old. Runners entering the 10k event must be at least 12 years old if running unaccompanied, or minimum 6 years old if running with a full paying guardian.

Any participants completing outside these restrictions is at the discretion of the race organiser.

## FITNESS

Ultra Marathon events are demanding physical events. By entering, runners acknowledge that they have trained appropriately for the ULTRA PERTH.

## **DISQUALIFICATION**

The Race Director may prevent any runner from starting (even after their entry has been accepted) or continuing in the ULTRA PERTH events if any of the following occurs:

- The runner or their support crew breach race rules.
- Runners are not wearing their timing chip.
- Runners are found to have skipped timing points.
- It is decided that the runner may be placing themselves or others at any risk whatsoever.
- Any other reason deemed sufficient by the Race Director.
- You are found to be in breach of WADA rules and regulations.

## **UNOFFICIAL RUNNERS**

No unofficial runners are permitted in the ULTRA PERTH.

## **SUPPORT CREWS**

Runners are responsible for the actions of their support crews and can be disqualified if their support crew breaches the race rules and regulations. Support crews are only to assist their runners at the designated aid station. External support may not be provided anywhere else on the course.

## **PACERS**

Pacers (other than the official event pacers) ARE NOT ALLOWED for this event  
Runners utilising pacers will be automatically disqualified.

## **LITTERING**

Absolutely no littering is allowed anywhere along the course. Breaches of this rule by runners or their support crew will result in disqualification.

## **TOILETS**

Runners who need to relieve themselves must utilise the toilets throughout the course.

## **SWEEPERS**

For safety and measurement purposes, it is intended to have sweepers following the last runners in the race for each distance.

## **LEAD BIKES**

A lead bike will guide in front of the lead solo female and male across all 3 distances.

## **STASHES**

Runners may not store supplies or equipment of any description along the course.

## **COURSE**

Runners must always follow the specified course. There will be event arrows at ground level to direct you.

GPX files are available on the event website.

If runners leave the course (i.e. toilet break), they must return to the same point before proceeding. If you leave the course at the start line, please ensure you do not go over the timing mat more than once.

## **COURSE ETIQUETTE**

Runners should show courtesy to all people, including other path users encountered on the paths throughout the event. The course will be open to other users, including cyclists, on the day.

“ My first 50 today and what a setting!  
Clocking up the kms is a lot easier when  
the scenery is so stunning!! Can't wait to  
do it again!

# SAFETY

## HAZARDS

### COURSE CONDITIONS

Entrants must cope with a combination of path surfaces. The surfaces are all sealed, but debris may be present.

### WATER CROSSINGS

It is unlikely that there will be any water crossings except in extreme weather. Take extreme care when crossing if this is the case.

## WEATHER

The maximum average maximum temperature for Perth in June is 19°C, with an average minimum temperature of 11°C. Runners are expected to account for this weather and plan accordingly.

## RUNNER SAFETY

Runners must observe the following Rules:

- If the weather conditions are such that extremes may be experienced, it is recommended the following be utilised by the runner:
  - > Seam-sealed rain jacket
  - > Buff / beanie
- You must render all possible assistance to any person found injured or incapacitated
- Runners needing medication should provide sufficient medication for the race and for eventualities like fatigue, etc.

## RACE COMMUNICATIONS

The whole course has mobile reception. All race officials will carry mobile phones and have the Race HQ phone number to direct any issues.

# MEDICAL

There are significant and possibly life-threatening medical risks associated with running ULTRA PERTH. Please note that while First Aid kits will be available at aid stations, not all volunteers are necessarily qualified in first aid. We will therefore have several first aid volunteers on hand throughout the event.

## POTENTIAL RISKS

Potential risks from running a long-distance race include but are not limited to:

- Renal shutdown (a.k.a., kidney failure)
- Hypothermia
- Hyperthermia (heat stroke/heat exhaustion)
- Hyponatremia (low sodium and chloride levels)
- Injuries from Falling
- Overuse Injuries
- Extreme fatigue
- Snake and spider bites (sit down and wait for help, do not move)

It is recommended that competitors adequately research these and other potential risks before competing in the event. If runners experience any of the above, they should try calling on their mobile phone for assistance.

# INSURANCE

The organisers of the ULTRA PERTH have public liability insurance coverage through AUTRA (Australian Ultra & Trail Runners Association). This insurance does not provide any coverage for injury or illness to entrants or support crews. All entrants and support crews are encouraged to ensure they have medical insurance that covers them for injuries or illness sustained during the event.



# AWARDS & PRESENTATION

There will be a presentation ceremony where awards will be made to winners and TOP 10 place getters of the solo distances. This is to be held at the finish line village from 11am on Saturday, commencing initially with the 10k and half marathon results and awards and then the 50k results and awards.

Finishers' medals will be presented to all official finishers on completion of their event at the finish line. All entrants are encouraged to stay after they finish to support other entrants, and to attend the awards ceremony

# RESULTS

Results will be posted to the events website as soon as possible after the event conclusion.

“ Thanks for pulling together another amazing event, where ordinary people like me get a chance to do something extraordinary.

BRENDAN | ULTRA PERTH 2025



# CONTACT THE EVENT TEAM PRIOR TO THE EVENT

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